

SINGLED OUT:

How Singles Are Stereotyped, Stigmatized, and Ignored and Still Live Happily Ever After

Bella DePaulo

- Ch 1 **Singlism: The 21st Century Problem That Has No Name**
- Ch 2 **Science and the Single Person**
- Ch 3 Myth #1 **The Wonder of Couples:**
Marrieds know best.
- Ch 4 Myth #2 **Single-Minded:**
You are interested in just one thing – getting coupled.
- Ch 5 Myth #3 **The Dark Aura of Singlehood:**
You are miserable and lonely and your life is tragic.
- Ch 6 Myth #4 **It Is All About You:**
Like a child, you are self-centered and immature and your time isn't worth anything since you have nothing to do but play.
- Ch 7 Myth #5 **Attention Single Women:**
Your work won't love you back and your eggs will dry up. Also, you don't get any and you're promiscuous.
- Ch 8 Myth #6 **Attention Single Men:**
You are horny, slovenly, and irresponsible, and you are the scary criminals. Or, you are sexy, fastidious, frivolous, and gay.
- Ch 9 Myth #7 **Attention Single Parents:**
Your kids are doomed.
- Ch 10 Myth #8 **Too Bad You're Incomplete:**
You don't have anyone and you don't have a life.
- Ch 11 Myth #9 **Poor Soul:**
You will grow old alone and you will die in a room by yourself where no one will find you for weeks.
- Ch 12 Myth #10 **Family Values:**
Let's give all of the perks, benefits, gifts, and cash to couples and call it family values.
- Ch 13 **It is Perfectly Understandable That You Thought Singles Were Miserable and Lonely: Here's Why**
- Ch 14 **To Be or Not to Be Single: Why Does Anyone Care?**
- Ch 15 **The Way We Could Be**

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